



Volunteer opportunities are all around you!

This list is to help you get ideas – it is only a beginning of all the places that need your help. For complete SERV guidelines and information about documenting your hours, visit www.parrottacademy.org Campus Life, Download Forms OR Renweb, School Resources, SERV Documents. See, email or call Mrs. Lewis if you have questions.

For most HOSPITALS, you must be 14 years old to volunteer. You must complete an application and if accepted, you must attend required orientations. CALL NOW to get info if you are interested in hospital work ...

Greenville: 847-4491 New Bern: 633-8127 Goldsboro: 731-6353 (must be 15 yrs)

Kinston: 522-7006

Washington: 975-4195

CHURCH: Remember that activities done during church service (nursery, usher) count as "group hours." Hours done with church youth group are all group hours. Attending regular youth group is NOT service, unless it is a special meeting planning for a mission trip you are attending. Vacation Bible School is an activity that needs helpers – if you do this on your own, it is individual hours. Mission trips are group hours; only work (10 hours per day max) and planning time counts - no travel, meals, sightseeing, etc. See FAQs on website for more info.

SCOUT activities (including Eagle Project work) count as group hours. Scout meetings do not count.

PUBLIC SCHOOLS often open earlier/close later than APA and will welcome help tutoring, preparing classrooms, etc. PUBLIC LIBRARIES are also in need of volunteers. ANIMAL SHELTERS also need help.

SOUP KITCHENS AND SHELTERS need all kinds of assistance.

HABITAT FOR HUMANITY, AMERICAN CANCER SOC., MARCH OF DIMES, AMERICAN RED CROSS, SALVATION ARMY, AMERICAN LUNG ASSOC., ALZHEIMERS ASSOC., Give 2 the Troops, BOYS & GIRLS CLUBS, YMCA....

Help is desperately needed in NURSING HOMES and in after-school programs.

VOLUNTEER FIRE DEPTS. may have age limits on training, but may have other duties available.

You may earn service hours by participating in fundraising events, such as Relay for Life, the MS 150 Bike Tour (for Multiple Sclerosis), Memory Walk (for Alzheimer's), Children's Miracle Telethon, etc. You must support the effort by raising funds. You must be working with the event, for example, registering runners or working concessions or keeping the scoreboard.

CONTACTS for service

Greenville:

Ronald McDonald House: 847-5435 Pitt Co. Council on Aging: 752-1717

City of Greenville, Parks & Recreation: 329-4567 Boys & Girls Club: 355-2345

Red Cross: 355-3800 Habitat for Humanity: 758-2947 JOY soup kitchen: 561-7519

Pitt Co. Animal Shelter: 355-7879 Salvation Army: 756-3388 Little Willie Ctr: 752-9083

Salvation Army Thrift Store: 756-5215 ARC of Pitt Co: 756-1056 Creative Living Ctr: 757-3344

Eastern Carolina Injury Prevention Program: 847-8688 Sheppard Memorial Library: 329-4580

These websites might help: www.ecu.edu/csstudentlife/volunteer/calendar OR www.uwpcnc.org

New Bern:

Craven Reg. Med. Ctr. Foundation: 633-8247 New Bern Historical Society: 638-558

RCS (Religious Comm. Services): 633-2767 MERCI clinic: 633-1599

American Red Cross: 637-3405 New Bern Civic Theater: 634-9057

Habitat for Humanity: 633-9599

This website might help: www.new-bern.nc.us/Volunteers

Kinston:

Neuse Regional Library: 527-7066 The ARC of Lenoir Co.: 522-1449

Community Council for the Arts: 527-2517 Family Literacy: 527-8099

Lenoir Co. Council on Aging: 527-1545 "Safe Kids": 939-1200

Kinston/Lenoir Parks & Rec: 939-3332 Teen Court/Communities in Schools: 523-5576

American Red Cross: 523-4528

Greene Co:

Senior Center: 747-5436 Family Literacy: 747-4300 Interfaith: 747-1090

Washington:

SANE: 322-3902 NC Estuarium: 948-0000

Goldsboro:

Wayne County Public Library: 735-1824 American Red Cross: 735-7201 Teen Court: 735-1432

This website might help: www.wayneteenzone.com

Jacksonville:

Teen Court: 455-9003 Boys and Girls Club: 455-9003

Reminder: You may NOT work for a private business or a private individual - this is service for the **community**. If there is a special situation (e.g. yardwork for elderly person in your church, etc), this can often be worked out with an agency approval. You should not miss school for service – if there is a reason for this, it must be pre-approved by Mrs. Moye and APA administration. If you have any doubt about whether something qualifies, call and ask Mrs. Lewis **in advance** – this will prevent any misunderstanding.